



SevaLight Retreat Centre for Self-Realization, Pure Meditation Healing & Counselling

Michigan, USA 2019 Schedule

Something of value for everyone

	January
A Very Quiet Healing Weekend	5-6
Intuitive Counselling Module 5	12-13, 19-20, 26-27
Pure Meditation Course	3-9
A Very Quiet Healing Weekend	30-31
Pure Meditative Peace class 3pm	31
	April
Peace & Quiet Weekend	6-7
Pure Meditative Peace class 3pm	6
Intuitive Counselling Module 6.1-2	13-14
Easter Celebration Silent Retreat	19-21
Easter Celebration & Meditation 10 am	21
Intuitive Counselling Module 6.3-4	27-28
	May
Intuitive Counselling Module 6.5-6	4-5
A Very Quiet Healing Weekend	11-12
Pure Meditative Peace class 3pm	12
Intuitive Counselling Module 6.7-8	25-26
	June
Pure Spiritual Healing Module 1.1-2	15-16
Pure Meditative Peace class 3pm	21
Silent Retreat	21-23
Pure Spiritual Healing Module 1.3-4	29-30
	July
Pure Meditation Course	3-9
Pure Spiritual Healing Module 1.5-2.1	20-21
Pure Spiritual Healing Module 2.2-2.3	27-28

	August
Pure Spiritual Healing Module 2.4-5	3-4
Relaxation for Body, Mind & Spirit Day	16
Pure Meditative Peace class 3 pm	16
A Very Quiet Healing Weekend	17-18
	September
Initiation & Renewal	1
Pure Meditative Peace class 3pm	27
Silent Retreat	27-29
	October
Pure Meditation Course	13-19
A Very Quiet Healing Weekend	26-27
Pure Meditative Peace class 3pm	27
	November
Pure Meditation Refresher	2-3
Pure Meditative Peace class 3pm	22
Silent Retreat	22-24
	December
Peace & Quiet Weekend	7-8
Pure Meditative Peace class 3 pm	7
Christmas Celebration Silent Retreat	24-27
Christmas Celebration & Meditation 10 am	25

*Please see the Centre's web site for details of weekly Gentle Yoga and Relaxation classes, newly added classes, Open Houses, Community Potlucks and Sunday evening gatherings for a recorded **Inspiring Talk by Mata Yogananda Mahasaya Dharma.***

Course and Retreat Fees:	Including: lunch & refreshments	Private Room & all meals **
Pure Meditation Course	please inquire for details	
Two day Courses and Refreshers	\$225	
Christmas Celebration Silent Retreat		\$247
Easter Celebration Silent Retreat		\$188
Peace & Quiet Weekend		\$99
Personal Retreats and Getaways--please call for pricing		
Relaxation for Body, Mind & Spirit day	\$39	\$110
Silent Retreat		\$188
A Very Quiet Healing Weekend		\$99

Diploma Courses:

Pure Spiritual Healing Course - 5 modules over 2 years	\$990
<i>modules 1 & 2</i>	
Intuitive Counselling & Coaching Course - 7 modules over 2 years	\$1,485
<i>modules 4, 5, & 6</i>	
<i>For all subsequent payments -please see Handbooks</i>	
Professional Training Courses: Supervision/Tutorial	\$72/hr

Class Fees:

Pure Meditative Peace: groups	\$60, private \$80
Pure Meditative Peace: series of 4	\$80
Gentle Yoga & Relaxation: private	\$60
Tools for Life & Relaxation: group class	\$30, private \$60

Retreat Accommodation and Meals Rates**☆:

Per day, includes breakfast:	
private room	\$59
for two friends or a couple sharing a room	\$70
suite with private bathroom for 1-3 people	\$105
Lunch @ \$9.50 Dinner @ \$12	
Sundays ~ light meals @ \$9 each	

Please reserve 24 hours ahead, whenever possible.

* *These will have 6% State taxes added.*

☆ We need to inform you that our delicious home-cooked meals are prepared with Love in our family kitchen, which is not regulated and inspected by the Clinton County Health Dept.

When registering please send full payment--your registration is only confirmed when full payment has been received.

Refund policy: *If you cancel a Course or accommodation: with more than six weeks notice we can return all fees except 15%; with more than two weeks notice, we can return the accommodation and meals only (less 15%); with less than two weeks notice the meals only (less 15%). After the commencement of a Course, refunds are not given.*

Individually tailored Courses and workshops are available at the Centre and can be arranged for schools, businesses, youth & community groups and families. **Continuing support** is available following any Course or workshop. If these dates are not possible for you, please contact us, we would be happy to add new dates when possible. **Volunteers** are warmly welcomed and very much needed – please contact us.

Do you yearn for true Peace in your mind and Joy in your spirit?

Pure Meditation

including the highest essentials of

Raja and Kriya Yoga

will give you the tools to relax, focus and regain mastery of your mind; to ease away the layers of ego revealing your True Self ~ Lasting Joy; and so much more! With Mata Yogananda Mahasaya Dharma to Bless and guide you and her Teachers ever there to help you, you CAN do it ♥

Professional Services:

Pure Spiritual Healing and Counselling~Coaching

Please ask about a bursary if you cannot afford the full fee.

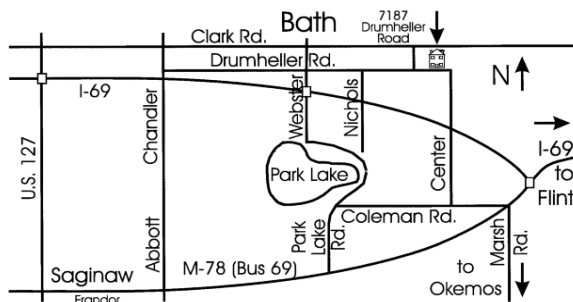
Healing is a positive energy that can help you to re-balance, free yourself from blocks, replenish and care for your energy ~ so you can be your best on all levels: body, mind and spirit. For people of all ages and animals, too!

First appointment \$65, thereafter \$55
Children \$25 Animals \$25

Counselling~Coaching can help you make the best of any of life's challenges ~ by resolving problems, finding or changing direction, and understanding yourself and others. Individuals, couples, families and business groups can all benefit.

First appointment \$75, thereafter \$65
Couples: First \$90, thereafter \$75

Meditation stools hand-made with love and care at the Centres from top quality materials ~ please ask



About the Centre

The Centre is run by a group of professional Healers and Counsellors who are committed to the highest ideal of unconditional love in all they do. Their aim is to give support to those struggling or suffering in life on any level, and to assist those who seek inner knowledge and personal growth in the pursuit of peace, health and happiness through Pure Meditation, healing and spiritual living.

Pure Meditation is a central part of the life of the Centre and training is offered to a deep level under the guidance of Mata Yogananda Mahasaya Dharma. The Centres worldwide offer Diploma programs in Pure Spiritual Healing and Intuitive Counselling & Coaching for those wishing to take these skills into their lives or professions. For further information, please contact us.

The Michigan Centre is a 501(c)(3) Nonprofit

Mata Yogananda Mahasaya Dharma is the Founder, Spiritual Head and Patron of the SevaLight Retreat Centres for Self-Realization Pure Meditation Healing & Counselling worldwide. Mata Yogananda has devoted her life to Pure Meditation, Healing and guiding souls to Self-Realization



Books and recordings by Mata Yogananda are available—please ask for a complete list

Blessings & Ceremonies

for name-giving, births, spiritual marriages or partnerships, and on transition from this life.

Blessings for homes ~ for all occasions ~ can be arranged.

Winged Prayer for Healing goes out from the Centre each evening at 9 pm.

All are welcome to join us for Silent Prayer and Pure Meditation

8 pm Monday – Saturday; 7 pm Sunday



SevaLight Retreat Centre

for Self-Realization,

Pure Meditation

Healing & Counselling

2019 Schedule

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“Meditation is like bird song which brings peace, warms the heart and gently uplifts the spirit”

Mata Yogananda Mahasaya Dharma