



# Self Realization Meditation Healing Centre

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Dear Family and Friends, Happy New Year!

In joyous anticipation we send our 2011 Course Program and look forward to seeing you!

Put yourSelf first ~ mark your calendars and make your reservations today.

## Opportunities for Inspiration, Upliftment and Community

All of us are definitely living through a wonderfully progressive time ~ come join us for spiritual refreshment by listening to one of Mataji's Inspiring Talks together. The unconditional love energy of Mataji's voice uplifts our whole being. We would love to have you join us most any evening or Sunday afternoon ~ just give us a call to set a time. The Centre is also open for all to come for quiet reflection, prayer and meditation morning and evening every day. The Winged Prayer is said each evening at 9 pm. Daytime visits are also welcomed, *please call ahead to check the times possible*. Feel free to tell friends. Our website homepage gives dates, times and details of gatherings. [www.SelfRealizationCentreMichigan.org](http://www.SelfRealizationCentreMichigan.org)

## Centre Updates

You can now plan a summer retreat without wondering about the weather! Our super-efficient furnace fan combined with our new **Energy Star window air conditioner** keeps the rooms dry, cool and comfortable.

## Expansion

We are taking the Light out through healing clinics, Pure Meditation Foundation classes, and booths at expos, employee wellness days, farm markets and craft shows. Please help us by passing on any ideas or opportunities in your area. Speak with Joanne if your group would like to hold a workshop, class, meeting or retreat in the loving, peaceful space here at the Centre.

## Share in the Joy of helping others

You are needed ~ Please contact us if you can put up posters or volunteer.

We sincerely thank all who have lovingly and generously donated their time, energy and resources to help with the Centre's work last year — *You have made a difference!*

Finally, we warmly welcome you to join us on Easter morning for our Pure Meditation Gathering. If possible, please let us know you are coming and if you would like to reserve for lunch. We gather at 10:15 and start at 10:30, sharing in song~chants, inspired thoughts, and Mataji's Blessing, followed by Pure Meditation for as long as you wish. These are such beautiful times with many deep healings, please feel free to tell others so that they too may have the opportunity to come and receive.

We look forward to being of service to you in the coming year and beyond.

With our Love and Blessings to you,

*The Michigan Centre Family*

P.S.: If we haven't heard from you in three years or more and you would like to continue to receive mailings, or you would like to help conserve resources by receiving e-mailings, please tell us by phone, letter or email.  
Thank you!